



MAKENA SURF

4850 Makena Alanui • Kihei, HI 96753

Phone: (808) 874-0616 • Fax: (808) 874-6455 • website: makenasurf.org

Jan/Feb/Mar 2019

Annual Owners Meeting * Makena Surf AOA

The Annual Meeting of Makena Surf AOA has been called and will be held on Saturday, February 23, 2019 commencing at 8:30 a.m. at Gannons, 100 Wailea Golf Club Drive, Wailea, Hawaii 96753!

At the upcoming annual owner meeting, three (3) Director positions will be filled. The seven Board of Directors term is two (2) years, and meets three or more times per year, depending on the issues at hand.

Serving on the Board of Directors is a great way to put your views and opinions into action! We urge you to be involved with your property!

If you are interested in serving on the BOD, please submit a brief statement and resume on an 8.5 x 11 sheet of paper to Ann Shipman, General Manager, by January 18, 2019. Email to ann@makenasurf.org, mail or fax 808-874-6455

Australian Finger Limes - The Caviar of the Citrus World!



At the recommendation of Betty Kay we have acquired an Australian Finger lime tree in the north herb garden!

It isn't often gardeners get to hear the word "caviar" used

in the context of a plant in their garden, but that is valid when we are comparing it to fruit on the unique citrus tree called a Finger lime. Right away, throw out everything you know about limes.

Finger lime (*Microcitrus australasica*) is a small, shrubby and thorny tree native to the eastern coastal rain forest of Australia and the fruit looks like a pod and when you open the pod it looks like small, round, clear balls like tiny caviar, but it taste like lime! Go check it out!

Upcoming Events

- 2/21/19 BOD meeting 8:00 a.m.
- 2/23/19 Annual Owners Gannons 8:30

Hau'oli Makhiki Hou!

...and Calamansi Lime in the South Herb Garden!



Calamansi is a variety of lime used in Southeast Asia cuisines, especially in Malaysia, Singapore, Indonesia, and the Philippines. Calamansi (*Calamondin/kalamansi*) is a citrus tree with fresh, plump and juicy fruits that look like limes. Calamansi juice is refreshing, citrusy and perfect as a beverage on a hot day.

Calamansi Spritzer - Ko Fairmont Kea Lani:

- INGREDIENTS Yield: 1 drink
- 1 ¼ oz Ocean Vodka
 - 1 oz. Simple Syrup
 - 3 Fresh Calamansi Muddled
 - Soda Water

BRIDGE ANYONE?

We have a few owners that are interested in getting a bridge game together. If you are interested just call Ann or Rebecca and let them know. We will try to put some games together!!

Your Makena Surf AOA Board of Directors 2018-2019

- Don Baron C206 President
- Paul Imwalle E303 Treasurer
- Mark Joseph B303 Secretary
- Paul Kepler E101 Security
- Norm Champ C101 Advisor
- Betty Kay Anderson E205 . Landscape
- Nathan Kellogg F307 Webmaster

Office Hours Monday - Friday ~ Closed Saturday, Sunday and Holidays

8:00 a.m. 5:00 p.m.

SECURITY PHONE NUMBER 808-283-2862

SECURITY HOURS OF OPERATION:
Monday Through Friday
5:00 P.M. - 7:00 A.M.
Saturday and Sunday 24 hours a day

Tennis Clinic - Water Aerobics!

Tennis Clinic is sponsored by Destination Residences and is held Tuesdays and Thursdays beginning at 8 a.m. Taught by Frank Salvador.

Join Candace for Water Aerobics! It is sponsored by Ali'i Resorts and will be held Monday, Wednesday and Friday beginning at 10:30 a.m. at the South pool. Come one, Come all!!

In Praise of Penguins

They've been featured in movies and are a main attraction at many zoos and aquariums. Here's a peek into the world of the personable penguin.

- There are at least 17 species of penguins, and they all live in the Southern Hemisphere, in climates as diverse as Antarctica, South Africa, Chile, Australia and the Galapagos Islands.
- The smallest species is the little blue penguin, which is about 16 inches tall. The largest, the emperor penguin, stands nearly 4 feet tall.
- They are flightless birds, but penguins are great swimmers and spend much of their lives in water.
- Penguins hunt for fish, squid, crabs and krill during underwater dives that can last up to 20 minutes. Insulating feathers help penguins stay warm in the water.
- Once a year, penguins lose all their feathers during a process called a catastrophic molt. They can't enter the water to hunt for two to three weeks while the feathers regrow, so they fatten themselves up beforehand.
- Penguins' tuxedo colors help hide them from predators while swimming. Viewed from above, their dark backs blend in with the ocean, and from below, their white bellies match the light at the water's surface.
- Penguin nesting areas are called rookeries and may contain thousands of pairs of birds. Most penguins lay two eggs, although emperor and king penguins lay only one. The male and female usually share incubation duties.

Fairway Fitness

Due to its relaxing pace, golf may seem more like play than a workout, but studies show that the sport is good exercise, even when riding a cart between holes. On average, walking an 18-hole course covers about 5 miles and burns nearly 2,000 calories. If using a cart, golfers still walk over a mile and can burn more than 1,000 calories. The game's swinging and bending movements provide further fitness perks, and there's the mental boost of being outside in the fresh air and natural surroundings.

Yoga, Anyone?

Several people in our community have asked about forming a Yoga class. If you would be interested please contact the office. Thank you.

Construction Season 2019

The construction period for 2019 for the A, B, C and E buildings will be April 15, 2019 thru November 15, 2019. If you will be doing a remodel this year, please turn in your completed application before January 31, 2019. The following documents must be provided to the AOA office with the application: proof of licensed, in the State of Hawaii, contractor; Insurance liability policy showing \$2 million in liability insurance; with Level 1 proof of a bonded contractor and the indemnification form. Thank you!

Please stop by the office for a copy of the application and all of the rules that pertain to remodels or visit our website makenasurf.org where you can obtain a copy as well.

Welcome Justin to Our Landscape Team!



We are pleased to announce the recent hiring of landscape team member, Justin Saldana. Justin was born in Chicago but has lived on Maui since he was 8 years old. His first job at age 13 was delivering newspapers for the Lahaina Tribune but he got his first taste in landscaping by unloading containers for Kihana Nurseries and working at Kula Botanical Trees, cutting, selling and wrapping Christmas trees.

His broad experience as Landscape Maintenance Manager at S.G.S. Hawaii gave him all the experience of managing a large property but with 2 young daughters at home, he was looking for something

that would be less stressful and allow him more time at home.

Justin enjoys working at Makena Surf because of its lush, tropical landscape (It's like Hana!) and the people he works with and the owners he has met so far. ("Everyone is so nice.") He feels there's lots of positivity here and wants to make Makena Surf his work home.

He's currently working on redesigning the landscaping at his own home. You would think with a full-time job, family at home and redoing his own yards, that he would be tired, but Justin's grandma taught him to never use the "T" word. And you will always see a smile on his face no matter what time of day it is. Welcome Justin!



E-Waste Answers

If you recently received a new electronic gadget as a gift or are planning such a purchase soon, consider what you are going to do with your old tech, items known as e-waste.

Many devices contain toxic chemicals, such as lead and mercury, which can harm the environment. About 70 percent of heavy metals that end up in landfills come from electronic devices.

If your equipment can still be used, consider donating or selling it. Many charitable organizations will pass along your donations to schools or community groups. Craigslist and Facebook groups are a popular option for selling.

Before donating or selling a computer, you will need to use special software to completely clear the hard drive of your personal data. Consult a technology professional if you need help with the process.

E-waste that can be recycled includes printers, ink cartridges, phones, gaming consoles, video games, laptops, desktop computers, tablets, CDs, DVDs, digital cameras, cables and motherboards.

Many electronics retailers and office supply stores have e-waste recycling programs and accept used equipment. Contact a store near you to inquire about curbside drop-off and any daily limits they might have.

Chicken Pad Thai

Ingredients:

- 1 pound chicken breast
- Freshly ground pepper, to taste
- 1 tablespoon olive oil
- 1 tablespoon honey
- 2 teaspoons chili garlic sauce
- 3 tablespoons rice wine vinegar
- 2 tablespoons low-sodium soy sauce
- 1 tablespoon peanut butter
- 1/4 cup water
- 1 medium zucchini, spiralized (about 1 cup)
- 2 medium carrots, spiralized (about 1 cup)
- 1 cup cooked pad thai stir-fry noodles
- 1 cup bean sprouts
- 1 cup thinly sliced cabbage
- 1 lime, quartered
- 1/4 cup unsalted peanuts, crushed
- 2 tablespoons chopped cilantro

Directions:

Season chicken with pepper. In large, nonstick skillet, heat olive oil over medium-high heat and cook chicken until juices are clear. Remove chicken from pan and allow to rest 5 minutes before slicing.

To make sauce: In small bowl, whisk together honey, chili garlic sauce, rice wine vinegar, soy sauce, peanut butter and water.

Add zucchini, carrots, pad thai noodles and sliced chicken to pan; pour in sauce and toss to coat. Toss in bean sprouts and cabbage. Serve with lime wedge, crushed peanuts and cilantro.

Find more recipes at www.GaPeanuts.com.



Wit & Wisdom

“Even though the future seems far away, it is actually beginning right now.”

—Mattie Stepanek

“There will come a time when you believe everything is finished. That will be the beginning.”

—Louis L’Amour

“Do not wait until the conditions are perfect to begin. Beginning makes the conditions perfect.”

—Alan Cohen

“You will never win if you never begin.”

—Helen Rowland

“Forgiveness says you are given another chance to make a new beginning.”

—Desmond Tutu

“The beginning is the most important part of any work.”

—Plato

“All achievements, all earned riches, have their beginning in an idea.”

—Napoleon Hill

“Begin somewhere; you cannot build a reputation on what you intend to do.”

—Liz Smith

“Nobody can go back and start a new beginning, but anyone can start today and make a new ending.”

—Maria Robinson

“The way to get started is to quit talking and begin doing.”

—Walt Disney

“Begin at the beginning and go on till you come to the end; then stop.”

—Lewis Carroll



4850 Makena Alanui
Kihei, HI 96753

John Q. Public
or Current Resident
12345 Sample Address
City, ST 00000

January 2019						
S	M	T	W	T	F	S
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February 2019						
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March 2019						
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31						

- 1 New Year's Day
- 16 A, B, C - Pest Control
- 21 Martin Luther King Jr. Day

- 18 Presidents Day
- 21 Board of Directors Meeting 8 a.m. In the Board Room
- 23 Annual Owners Meeting - Gannons 8:30 a.m.

- 13 E,F,G/Office/foilage Pest Control