

EMERGENCY SUPPLY KIT - BE PREPARED!

WHAT'S IN YOUR KIT?

Your disaster supply kit should contain enough of the following items to last for a minimum of 14 days. These items include:

- >> **Water:** One gallon per person per day for drinking and sanitation use.
- >> **Food:** Nonperishable food that does not require cooking. Also “survival foods” such as peanut butter, protein shakes, dried fruits and nuts.
- >> **Eating utensils:** Plates, mess kits, forks and chopsticks. Nonelectrical can opener is a must.
- >> **Radio:** Battery-powered or hand-crank radio with NOAA weather alert.
- >> **Light:** Flashlight or portable fluorescent light.
- >> **Batteries:** Have plenty and check them annually.
- >> **First-aid kit:** Get a well-stocked kit. Consider enrolling in a first-aid certification course.
- >> **Whistle:** It's important for signaling for help because the sound carries much farther than the human voice.
- >> **Dust mask:** Helps filter contaminated air.
- >> **Sanitation items:** Including moist towelettes, heavy-duty garbage bags, hand sanitizer, toilet paper, baking soda or kitty litter to absorb odors, gloves and plastic ties.
- >> **Maps:** Local area maps.
- >> **Tools:** Including a wrench or pliers to turn off utilities, and duct tape.
- >> **Prescriptions:** Including special medications, glasses and medical devices.
- >> **Pet supplies:** Food, extra water and medication.
- >> **Miscellaneous items:** Including infant formula, diapers, incontinence supplies and feminine products.

Source: *Department of Emergency Management, City and County of Honolulu*